ADULT CLASS



Dance Arts Project is hosting Adult Ballet! Each class will focus on barre work, core strengthening, and posture. No tights, tutus, or experience necessary- please wear whatever you can move comfortably in!

Classes take place Wednesdays; Session 1: September 25 – October 30, 2024 Session 2: November 6 – December 18, 2024 7:15 – 8:15pm. Tuition is \$120 for all 6 sessions; cash or check, please! Questions? Email us at: <u>danceartsproject@me.com</u>